



Player/team guidelines

1. Trials

- a. Players for squads will be selected at trials at the start of the season.
- b. The Head Coach/selection team will decide the numbers of players within any given squad.
- c. Re-trials can be called at any time throughout the season by the Head Coach.

2. Player Availability

- a. Players are asked to accept/decline Teamer invites to matches ASAP.
- b. If circumstances change players are to ensure that Teamer is updated the Sunday before a match, or if in an emergency, ensure that the Team Manager/Captain is aware of the late change in availability.
- c. If a player does not consistently update Teamer, or does not attend training without giving notice the player may be suspended from playing or dropped from the squad.

3. Teams

- a. The Team Manager is responsible for arranging teams on a weekly basis and filling any gaps required. The Head Coach and Captains will assist if required.
- b. The Team Manager and Head Coach will ensure that if players are required to 'fill in' for any squad, that players are selected from the team immediately below subject to the following circumstances:-
 - i. On court position required;
 - ii. Availability;
 - iii. Necessary experience required for level of play;
 - iv. Exposure for club/player progression;
 - v. Attendance at training (or valid reason for non-attendance); and
 - vi. Final decisions are to be made by the Team Manager and Head Coach.
- c. In some exceptional cases the Head Coach/Team Manager may use those players who are unable to fully commit to a squad may be asked to 'fill in' from time to time.
- d. Once Teams are set for any given match for any squad these are final.

- e. Feedback on those 'fill in' players is to be given by Captains direct to the Team Manager and Head Coach for review.



4. Injury

- a. Players that are returning from minor injury (i.e. a sprain or similar injury) must complete 2 clear and pain free training sessions before returning to competitive matches.
- b. If injury is likely to be only a few weeks then the Team Manager and Head Coach will take a view on whether to permanently or temporarily replace players in that squad.
- c. If such injury is long term and/or of a serious nature (to be decided by the Head Coach given their Duty of Care to players), the Head Coach may decide to take exception to point 4(a) to ensure player safety, welfare and fitness before returning to court i.e. players may be required to play a lower standard of play to ensure full match fitness and that they are injury free.
- d. If a player is under medical supervision i.e. consultant or physio, players but be 'signed off' before returning to training/match play subject to Head Coaches view on points 4(a) and 4(c).
- e. If a player is injured and diagnosed with a concussion - please see Concussion Policy which is detailed on the website, and refer to points 4(a), (c) and (d) above.

5. Complaints

- a. If a player has any queries or complaints regarding selections, match play or otherwise these are firstly to be reported to their captain/vice-captain who will determine whether the issue can be solved by them or whether the assistance of the Team Manager and Head Coach are required.
- b. If a player is not allocated to a team please direct all queries to the Team Manager/Head Coach.
- c. Secondly and in extreme circumstances players can report directly to the Team Manager and Head Coach.

6. All of the above points are subject to the Head Coach/Team Managers discretion.